WSBA CLE #27504 WEB

Your Retirement: The Year Before — The Monday After

WEDNESDAY, OCTOBER 28, 2026

Approved for 5.75 CLE credits (0.75 Ethics + 5.0 Other).
$275 - Standard
$250 - Senior Lawyer Section Members

Washington State Bar Association
1325 Fourth Ave., Suite 600 | Seattle, WA 98101

WEBCAST ONLY

DESCRIPTION

This program is being offered in collaboration with the Senior Lawyers Section.

When people talk about retirement, the focus seems to be more on the winding down the practice and the retirement party than on what happens the first Monday after. If you aren't prepared for it, you can become weighted down by a great sense of loss when you leave behind the comfort and familiarity of your career. This program is designed to help you make that transition as painlessly and happily as possible by giving you the tools that will help you move into the next chapter of your life with grace, satisfaction, and excitement!

CHAIR
Ann Guinn (Ret.) – *Solo and Small Firm Law Practice Management Consultant, Kent, and Reno, NV*

WASHINGTON STATE BAR ASSOCIATION

SCHEDULE

8:10 a.m. > Webcast Log-In Opens

8:25 a.m. > Welcome and Introductions
- **Ann Guinn (Ret.)** – *Solo and Small Firm Law Practice Management Consultant, Kent, and Reno, NV*

8:30 a.m. > Looking at Retirement Through a Practical Lens
60 minutes, 1.0 credits Other - Personal Development and Mental Health
Dr. Andy Benjamin will explain the findings of various studies that show an increased decline in physical health, cognitive abilities, relationships, and mental well-being that frequently shows up in retirement. Dr. Benjamin will help you plan out how to get your daily dose of "happiness" chemicals to keep you on an even keel and enjoying your new life. He'll show you how to stay in touch with your emotions, and replace old patterns with new, healthy, and exciting ones!
- **Dr. Andy Benjamin** – *University of Washington and Washington Lawyers Assisting Lawyers, Seattle*

9:30 a.m. > The Critical Year Before You Pull the Plug
45 minutes, 0.75 credits Other – Personal Development and Mental Health
Noted Solo and Small Firm Law Practice Management Consultant, and new retiree, Ann Guinn will help you develop a critical plan to implement the year before you retire to help you retire with joy and fulfillment! Ann will be covering such things as how to:

- Cement relationships to avoid retirement isolation
- Identify what you are going to, not what you are leaving behind
- Take a trial retirement to see if you can handle it
- Identify the real reason you want to retire

- **Ann Guinn (Ret.)** – *Solo and Small Firm Law Practice Management Consultant, Kent, and Reno, NV*

10:15 a.m. > BREAK

10:30 a.m. > Covering Your Tail: Ethics Issues That Can Follow You into Retirement
45 minutes, 0.75 credits Ethics
Sandra will offer you some good reminders on things you need to take care of before you are gone for good. The presenter will discuss:

- Left over money in the trust account? What do you do with it?
- How long must you store old files, and where must you store them
- The never-ending duty of confidentiality covering you and your staff
- What is client property and how do you return it?

- **Sandra Schilling** – *Washington State Bar Association, Seattle*

11:15 a.m. > "Tail" Insurance: Do You Really Need It?
30 minutes, 0.5 credits Other - Office Management
A seasoned insurance broker will explain what "tail" insurance does – and does not – cover to enable you to make the best decision for yourself when you retire.
- **Shannon O'Dell** – *First Choice Insurance Services, Liberty Lake*

CONTINUED >

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- **Shannon O'Dell** – *First Choice Insurance Services, Liberty Lake*

11:45 a.m. > LUNCH on Your Own

12:45 p.m. > What to Expect in the First 90 Days of Retirement

45 minutes, 0.75 credits Other - Personal Development and Mental Health
Ann will provide an eye-opening examination of the first 90 days of your retirement — and offer encouragement and tips to help you navigate the first few months of your new journey. Topics discussed will include how to:

- Combat isolation
- Fulfill your sense of purpose
- Bring structure to your new structureless day
- Handle changes in personal relationships
- Answer the question "Who am I now?"

- **Ann Guinn (Ret.)** – *Solo and Small Firm Law Practice Management Consultant, Kent, and Reno, NV*

1:30 p.m. > 50 Ways to Lawyer

30 minutes, 0.5 credits Other - Improving the Legal System
Retired attorney and founder of Washington Lawyers Assisting Lawyers Leslie Hagin will discuss her transitions from public policy advocacy to litigation to founding a nonprofit providing peer support by Washington lawyers with a variety of lived experiences to other lawyers, law students, and judges facing similar challenges. Leslie will examine:

- How to leave your law practice in the rearview mirror without remorse
- How she found new purpose for her life – and how you can, too
- Using your hard-earned skills and expertise in all new ways to help others

- **Leslie Hagin, JD (Ret.)** – *Washington Lawyers Assisting Lawyers, Seattle*

2 p.m. > BREAK

2:15 p.m. > Leaving the Law

60 minutes, 1.0 credits Other - Personal Development
Our panel of retired or semi-retired attorneys and a retired judge will share their experiences moving into retirement, whether cold turkey or gently. They will tell their own stories and offer up thoughts on what they would do differently if they had the whole retirement thing to do over again. Hear how they each decided it was time to retire, and how they went about it. They will share with you what they love about retirement, and what would have made it easier if they had only known at the time what to expect. Their experiences will be invaluable to you in planning your own retirement!

- **D. Bruce Gardiner** – *Gardiner Law, Kirkland*
- **Judge Jacalyn Brudvik (Ret.)** – *Snohomish County Superior Court (Former), Mukilteo*
- **Walt Krueger (Ret.)** – *Krueger Beck, PLLC, Kirkland*

3:15 p.m. > Planning Your Next Chapter

30 minutes, 0.5 credits Other - Personal Development
Ann will provide a template to get you started on planning out your first 90 days of retirement. You'll begin with a reality check, and then create your plan to guide you into your new life. You'll look at the emotional milestones along the 90-day journey and learn to recognize them for what they are – normal, not permanent! This presentation will help ensure that you face that first Monday morning in control, and without trepidation.

- **Ann Guinn (Ret.) –** *Solo and Small Firm Law Practice Management Consultant, Kent, and Reno, NV*
- **Randy Winn** – *Washington State Bar Association (Retired), Seattle*

3:45 p.m. > Adjourn • Complete Online Evaluations

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Wednesday, October 28, 2026 • #27504 WEB

REGISTRATION

To register online, please go to the **registration page**. Click to add to cart and complete your purchase. You may pay by credit card, or via ACH. Alternatively, you may print and mail an invoice seven business days prior to the program along with your check payable to WSBA. Credit card payments by mail or fax are no longer accepted. Note, our service provider will charge you a separate, non-refundable transaction fee of 2.5% on all bank card transactions.

Effective Oct. 1, 2025, applicable sales tax will be applied to all live seminar registrations (in-person or virtual). For more information, refer to changes to Washington sales tax law.

If special accommodations are needed, please email **cle@wsba.org** or call toll-free at 1-800-945-9722.

☐ *Please omit my name from the networking list made available to exhibitors and/or attendees.*

PRICING INFORMATION

☐ **#27504 WEB, attend via webcast, 10/28/26**

- ○ $275 - Standard
- ○ $250 - Senior Lawyer Section Members

Seminar Registration Transfers, Refunds and Cancellations

In most circumstances, if you cannot attend the live event, we can transfer your registration to the on-demand product, once available (8-10 weeks from the program delivery date). Generally, for webcast/webinar registrations, tuition fees may be refunded, less $25 for processing, for written cancellations postmarked, emailed, or faxed up to the start of the event. For in-person registrations, tuition fees may be refunded, less $25 for processing, for written cancellations postmarked, emailed, or faxed by 5 p.m. up to three business days before the event. No refunds will be provided after the dates specified. You may also send a substitute in lieu of canceling. *When applicable, specific exceptions to these policies will be noted on individual event registration pages.* Please email cle@wsba.org with any requests or questions.

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PHONE > Call **800-945-9722** or **206-443-9722** with credit card and registration/order form in hand. Our service provider will charge you a separate, non-refundable transaction fee of 2.5% on all bank card transactions.